

CALLERLAB BASIC and MAINSTREAM PROGRAMS*

(Revised June 2, 2008)

CALLERLAB BASIC PROGRAM

1. CIRCLE LEFT/CIRCLE RIGHT
2. FORWARD & BACK
3. DOSADO/*DOSADO TO A WAVE*
4. SWING
5. PROMENADE FAMILY
 - A. COUPLES (FULL, 1/2, 3/4)
 - B. SINGLE FILE PROMENADE
 - C. *WRONG WAY PROMENADE*
 - D. *STAR PROMENADE*
6. ALLEMANDE LEFT
7. ARM TURNS
8. RIGHT & LEFT GRAND FAMILY
 - A. RIGHT AND LEFT GRAND
 - B. WEAVE THE RING
 - C. *WRONG WAY GRAND*
9. LEFT-HAND STAR/RIGHT-HAND STAR
10. PASS THRU
11. SPLIT TWO
12. HALF SASHAY FAMILY
 - A. HALF SASHAY
 - B. ROLLAWAY
 - C. LADIES IN, MEN SASHAY
13. TURN BACK FAMILY
 - A. U-TURN BACK
 - B. BACKTRACK
14. SEPARATE AROUND 1 OR 2
 - A. TO A LINE
 - B. AND COME INTO THE MIDDLE
15. COURTESY TURN
16. LADIES CHAIN FAMILY
 - A. TWO LADIES CHAIN (REG & 3/4)
 - B. FOUR LADIES CHAIN (REG & 3/4)
 - C. *CHAIN DOWN THE LINE*
17. DO PASO
18. LEAD RIGHT
19. RIGHT AND LEFT THRU
20. GRAND SQUARE
21. STAR THRU
22. CIRCLE TO A LINE
23. BEND THE LINE
24. WALK AROUND THE CORNER
25. SEE SAW
26. SQUARE THRU (1,2,3,4)/
LEFT SQUARE THRU (1,2,3,4)

27. CALIFORNIA TWIRL
28. DIVE THRU
29. WHEEL AROUND
30. THAR FAMILY
 - A. ALLEMANDE THAR
 - B. ALLEMANDE LEFT TO AN ALLEMANDE THAR
 - C. *WRONG WAY THAR*
31. SHOOT THE STAR/
SHOOT THE STAR FULL AROUND
32. SLIP THE CLUTCH
33. BOX THE GNAT
34. OCEAN WAVE FAMILY
 - A. STEP TO A WAVE
 - B. BALANCE
35. ALAMO STYLE
36. PASS THE OCEAN
37. EXTEND (FROM 1/4 TAG ONLY)
38. SWING THRU/*LEFT SWING THRU*
39. RUN/*CROSS RUN*
40. TRADE FAMILY
 - A. (NAMED DANCERS) TRADE
 - B. COUPLES TRADE
 - C. PARTNER TRADE
41. WHEEL & DEAL
42. DOUBLE PASS THRU
43. FIRST COUPLE GO LEFT/RIGHT,
NEXT COUPLE GO LEFT/RIGHT
44. ZOOM
45. FLUTTERWHEEL/
REVERSE FLUTTERWHEEL
46. SWEEP A QUARTER
47. VEER LEFT/VEER RIGHT
48. TRADE BY
49. TOUCH 1/4
50. CIRCULATE FAMILY
 - A. (NAMED DANCERS) CIRCULATE
 - B. ALL 8 CIRCULATE
 - C. COUPLES CIRCULATE
 - D. *SINGLE FILE CIRCULATE*
 - E. *SPLIT/BOX CIRCULATE*
51. FERRIS WHEEL

CALLERLAB MAINSTREAM PROGRAM

52. CLOVERLEAF
53. TURN THRU
54. EIGHT CHAIN THRU
EIGHT CHAIN 1,2,3,etc.
55. PASS TO THE CENTER
56. SPIN THE TOP
57. CENTERS IN
58. CAST OFF 3/4
59. WALK & DODGE
60. SLIDE THRU
61. FOLD/*CROSS FOLD*
62. DIXIE STYLE TO AN OCEAN WAVE
63. SPIN CHAIN THRU
64. TAG THE LINE
(IN/OUT/LEFT/RIGHT)
65. HALF TAG
66. SCOOT BACK
67. SINGLE HINGE/COUPLES HINGE
68. RECYCLE (FROM A WAVE ONLY)

Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through or work shopped first

*Suggested Teaching Order

CALLERLAB recommends that the BASIC and MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in *italics* may be deferred until later in the teaching sequence.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.

These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.